

Laser Hair Removal – Pre Treatment Care

- Shave the treatment area 12-24 hours before your appointment.
- Do not wax in the 4 weeks leading up to your appointment as pigment is required in the hair follicle for the laser to identify the hair and treatment to be effective.
- Wait 2-4 weeks prior to your treatment if you have had sun exposure without SPF
- Avoid using topical creams, moisturisers, body oils, colognes or perfumes to the area being treated 24 hours prior to treatment.
- Ensure all fake tan is removed and there is no residual fake tan present on the skin.

Laser Hair Removal – Post Treatment Aftercare

- There may be some mild heat and redness in areas that have been treated. Soothe any redness and sensitivity with Aspect Soothing Laser Gel. This can be applied liberally for 3-5 days or until the skin has returned to its pre-treatment state
- For 24 hours post-treatment, avoid shaving, waxing, or plucking hair, exfoliation, exercise, swimming or saunas, very hot showers, and tight restrictive clothing.
- Avoid exposing the area to direct sunlight for a minimum 2-4 weeks after your treatment and always use SPF 50+ sunscreen to protect the skin and maintain results.